

## Food Resources



### **Portland Public School Schools Meal Sites:**

Portland Public Schools is serving free breakfast and lunch to children 18 and under from 10am-12pm, Monday-Friday at the sites listed below. Families can drive through the bus loop, staying in the car, and meals will be passed through. Walk-ups are also welcome. Children can go to whichever site is most convenient for them and do not have to be students at that school. Below are the school sites approved to offer meals:

- Peaks Island Elementary
- Deering High School
- Portland High School
- Lyman Moore Middle School
- King Middle School
- Riverton Elementary School
- East End Community School
- Rowe Elementary School
- Presumpscot Elementary School

*\* These sites are subject to change. Stay up to date on-site information from the superintendent [here](#).*

**Please note that there will be no meal services on Monday, April 20th because of the Patriot's Day Holiday**

**For additional food resources, please check here:**

[Portland Soup Kitchens and Supplemental Food Resources](#)

## **Mental Health, Substance Abuse, and Crisis Resources**



**Should your child or family experience a need for more support while the schools are temporarily closed, we encourage you to utilize the following community resources:**

- For mental health emergencies: Crisis Hotline (207-774-HELP or 207-774-4357)
- For mental health support, you can also text 741-741 or use NAMI Maine's Helpline 1-800-464-5767
- For learning how to access resources: 211Maine (211)
- For domestic violence-related support: Through These Doors (1-800-537-6066)
- For emergencies: Call 911